

# HLTAID009 Provide cardiopulmonary resuscitation course description



<p><b>About this unit of competency</b></p>	<p><b>Description of Provide cardiopulmonary resuscitation course:</b>                  This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.</p> <p>This unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.</p> <p><b>Applicable Industries:</b></p> <ul style="list-style-type: none"> <li>• Emergency responders</li> <li>• Childcare</li> <li>• Education</li> <li>• Medical professionals</li> <li>• Construction</li> <li>• Many more</li> </ul>
<p><b>Training Program</b></p>	<p>This Provide cardiopulmonary resuscitation course is delivered as a 4 hour face-to-face training session, plus breaks.</p> <p>We offer weekly public attendance first aid courses at our Mayfield West training centre or we can come to your workplace.</p> <p><i>If your organisation is interested in a private / in-house booking to have this course delivered to a group of staff, please <a href="#">contact our head office</a> to discuss booking options. The delivery can be programmed to fit in with your staff and company schedule, at your venue or ours.</i></p>
<p><b>Assessment requirements</b></p>	<p><b><u>Physical Requirements:</u></b>                  It is important to note that this CPR element of this course requires a level of physical ability to complete practical assessments. All students are required to perform 2 minutes of CPR on an adult manikin and baby manikin on the floor. If your health or fitness will not allow you to demonstrate this, you will not be awarded a nationally accredited certificate for HLTAID009 Provide cardiopulmonary resuscitation. We can however issue a non-accredited certificate of attendance for cardiopulmonary resuscitation.</p> <p><b><u>Language Skills:</u></b>                  All students must be able to demonstrate an accurate verbal report which would be given to emergency services and workplace supervisor.</p>
<p><b>Payment options</b></p>	<p>In order to secure your seat in the course, payment must be made at the time of enrolment. We offer the follow payment options to students our public courses:</p> <ul style="list-style-type: none"> <li>• Credit card</li> <li>• EFT</li> <li>• Cash</li> </ul>
<p><b>Language, Literacy &amp; Numeracy requirements</b></p>	<p>This course combines plain English, videos, photos, and questioning to ensure all learners are able to have the best possible chance at comprehending the required knowledge and developing first skills that will be needed in an emergency. If you believe you will need assistance due to your Language, Literacy or Numeracy skills, please <a href="#">contact our head office</a> before enrolling to discuss your training needs.</p>
<p><b>Identification</b></p>	<p>All students must bring ID with them to the training course. Photo ID is the minimum requirement (e.g. Drivers Licence, Passport or similar).</p>

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<b>Delivery and Assessments</b>	<p>Students attend a 4 hour face to face program to demonstrate their knowledge and skill with an approved assessor. A summative assessment is conducted and recorded at this time.</p> <p>Learners will be assessed on the following topic areas: There must be evidence that the candidate has completed the following tasks in line with State/Territory regulations, first aid codes of practice, first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies and workplace or site procedures:</p> <ul style="list-style-type: none"><li>• managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise</li></ul> <p>Managed, in line with ARC guidelines, the unconscious, non-breathing adult, including:</p> <ul style="list-style-type: none"><li>• performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor</li><li>• following the prompts of an automated external defibrillator (AED) to deliver at least one shock</li><li>• demonstrating a rotation of single rescuer operators with minimal interruptions to compressions</li><li>• responding appropriately in the event of regurgitation or vomiting</li><li>• handing over to emergency services</li><li>• providing an accurate verbal report of the incident</li><li>• reviewing the incident</li></ul> <p>Managed, in line with ARC guidelines, the unconscious, non-breathing infant, including:</p> <ul style="list-style-type: none"><li>• performing at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface.</li></ul> <p>Knowledge topics: Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:</p> <ul style="list-style-type: none"><li>▪ guidelines and procedures including:</li><li>▪ relevant ARC guidelines to managing the unconscious breathing and non-breathing casualty and provision of CPR</li><li>▪ potential incident hazards and risk minimisation processes when providing first aid</li><li>▪ infection control procedures, including use of standard precautions and resuscitation barrier devices</li><li>▪ requirements for currency of skill and knowledge</li><li>▪ first aid codes of practice</li></ul> <p>Appropriate workplace or site procedures relevant to the provision of first aid</p> <ul style="list-style-type: none"><li>▪ legal, workplace and community considerations, including:</li><li>▪ duty of care requirements</li><li>▪ own skills and limitations</li><li>▪ consent and how it relates to the conscious and unconscious casualty</li><li>▪ privacy and confidentiality requirements</li><li>▪ awareness of potential need for stress management techniques and available support for rescuers</li></ul> <p>Considerations when providing CPR, including:</p> <ul style="list-style-type: none"><li>▪ upper airway and effect of positional change</li><li>▪ appropriate duration and cessation of CPR</li><li>▪ appropriate use of an AED</li><li>▪ safety and maintenance procedures for an AED</li><li>▪ chain of survival</li><li>▪ how to access emergency services</li></ul> <p>Techniques for providing CPR to adults, children and infants including:</p> <ul style="list-style-type: none"><li>▪ how to recognise that a casualty is unconscious and not breathing normally</li></ul>
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	<ul style="list-style-type: none"> <li>▪ rate, ratio and depth of compressions and ventilations</li> <li>▪ correct hand positioning for compressions</li> <li>▪ basic anatomy, physiology and the differences between adults, children and infants relating to CPR.</li> </ul>
<b>Training materials and resources</b>	<p>On the day of the training course, learners will have access to our training equipment:</p> <ul style="list-style-type: none"> <li>• <u>adult</u> and <u>infant</u> resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures</li> <li>• first aid equipment including:             <ul style="list-style-type: none"> <li>○ an AED training device</li> <li>○ Personal protective equipment (PPE)</li> </ul> </li> </ul>
<b>Assessment submission process, support and outcomes</b>	<p><b>Assessment Outcomes: Competent or Not Competent</b></p> <p>For any learner who is unable to satisfactorily complete all assessment tasks, the assessor will attempt to make reasonable adjustments to the methods of assessment. If the learner is deemed not competent, they will need to re-sit the training course and additional fees will apply.</p>
<b>Recognition of Prior Learning</b>	<p>Students choosing to undertake RPL will need to be sent an RPL guide for their course.</p> <p><b>In order to be eligible for RPL, the student must demonstrate <i>currency</i> in that particular subject. I.e. a student cannot submit evidence from 5 years prior and request it be applied directly to their new competency. They must show how they have since applied those skills and that they are current.</b></p>
<b>Course completion</b>	<p>Once assessed in all areas of the course and competency demonstrated, learners will be issued a Statement of Attainment for HLTAID009 Provide cardiopulmonary resuscitation.</p> <p>This Unit of Competency is Nationally Recognised Training from Health Training Package and it is recommended that it is updated annually by the Australian Resuscitation Council.</p>