

HLTAID0011 Provide First Aid

FAST TRACK - Course Description



<p>About this unit of competency</p>	<p>Description of Provide first aid course: This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.</p> <p>The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.</p> <p>Applicable Industries:</p> <ul style="list-style-type: none"> • Emergency responders • Childcare • Education • Medical professionals • Construction • Many more
<p>Training Program</p>	<p>This Provide First Aid course is delivered as a blended learning program that includes;</p> <ul style="list-style-type: none"> - Online pre-course learning modules and assessment - 7 hours face-to-face training (excluding breaks) <p>OR</p> <p>FAST TRACK training which incorporates a blended learning format and is inclusive of:</p> <ul style="list-style-type: none"> - Online pre-course learning modules and assessments. - 3.5 hours face-to-face skill-based training and assessments. <p>All students that enrol in our FAST TRACK HLTAID011 course must;</p> <ul style="list-style-type: none"> - Provide a current 'Statement of Attainment' certificate in HLTAID003 or HLTAID011 and, - Complete all pre-course assessment requirements prior to the day of training. <p>Please note; if you have completed previous HLTAID003/011 training with another organisation, this will be verified by our Administration Team with the issuing organisation to ensure it is a true copy prior to the day of training.</p> <p>We offer weekly public attendance first aid courses at our Mayfield West training centre or we can come to your workplace.</p> <p><i>If your organisation is interested in a private / in-house booking to have this course delivered to a group of staff, please contact our head office to discuss booking options. The delivery can be programmed to fit in with your staff and company schedule, at your venue or ours.</i></p>
<p>Assessment requirements</p>	<p>Physical Requirements: It is important to note that this CPR element of this course requires a level of physical ability to complete practical assessments. All students are required to perform 2 minutes of CPR on an adult manikin and baby manikin on the floor. If your health or fitness will not allow you to demonstrate this, you will not be awarded a nationally accredited certificate for HLTAID011 Provide first aid. We can however issue a non-accredited certificate of attendance for First aid.</p> <p>Language Skills: All students must be able to demonstrate an accurate verbal report which would be given to emergency services and workplace supervisor.</p>
<p>Payment options</p>	<p>In order to secure your seat in the course, payment must be made at the time of enrolment. We offer the follow payment options to students our public courses:</p> <ul style="list-style-type: none"> • Credit card

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FAST TRACK - Course Description



	<ul style="list-style-type: none">• EFT• Cash
Language, Literacy & Numeracy requirements	This first aid course combines plain English, videos, photos, and questioning to ensure all learners are able to have the best possible chance at comprehending the required knowledge and developing first skills that will be needed in an emergency. If you believe you will need assistance due to your Language, Literacy or Numeracy skills, please contact our head office before enrolling to discuss your training needs.
Identification	All students must bring ID with them to the training course. Photo ID is the minimum requirement (e.g. Drivers Licence, Passport or similar).

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Delivery and Assessments	<p>Our HLTAID011 course is made up of online learning with formative assessment, allowing a student to complete self-paced learning. The duration of this online learning is dictated by the students' knowledge, previous training, and LLN competence.</p> <p>Students then attend a 7-hour face to face program to demonstrate their knowledge and skill with an approved assessor. A summative assessment is conducted and recorded at this time.</p> <p>OR</p> <p>FAST TRACK students:</p> <ul style="list-style-type: none">- Complete online learning modules and assessments prior to the day of training. A formative assessment is conducted and recorded at this time.- Attend a 3.5 hour face-to-face skill based assessment program. A summative assessment is conducted and recorded at this time.- <p>Learners will be assessed on the following topic areas:</p> <p>Skills:</p> <p>There must be evidence that the candidate has completed the following tasks in line with State/Territory regulations, first aid codes of practice, first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies and workplace or site procedures:</p> <ul style="list-style-type: none">Managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise<ul style="list-style-type: none">• managed, in line with ARC guidelines, the unconscious, non-breathing adult, including:<ul style="list-style-type: none">• performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult resuscitation manikin placed on the floor• following the prompts of an automated external defibrillator (AED) to deliver at least one shock• demonstrating a rotation of single rescuer operators with minimal interruptions to compressions• responding appropriately in the event of regurgitation or vomiting• Managed, in line with ARC guidelines, the unconscious, non-breathing infant, including:<ul style="list-style-type: none">• performing at least 2 minutes of uninterrupted single rescuer CPR (5 cycles both compressions and ventilations) on an infant resuscitation manikin placed on a firm surface• managed casualties, with the following:<ul style="list-style-type: none">• anaphylaxis• asthma• non-life-threatening bleeding• choking• envenomation, using pressure immobilisation• fractures, dislocations, sprains and strains, using appropriate immobilisation techniques• minor wound cleaning and dressing• nosebleed• shock <p>responded to at least one simulated first aid incident contextualised to the candidate's workplace or community setting, where the candidate has no knowledge of the casualty's condition prior to starting treatment, including:</p> <ul style="list-style-type: none">identifying the casualty's illness or injury through history, signs and symptomsusing personal protective equipment (PPE) as requiredproviding appropriate first aid treatmentconveying incident details to emergency services or advising casualty on any required post incident action
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providing an accurate verbal and written report of the incident
reviewing the incident.

Knowledge topics:

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

Guidelines and procedures including:

- ARC guidelines relevant to the provision of first aid
- first aid guidelines from Australian national peak clinical bodies
- potential incident hazards and risk minimisation processes when providing first aid
- infection control procedures, including use of standard precautions and resuscitation barrier devices
- requirements for currency of skill and knowledge
- first aid codes of practice
- appropriate workplace or site procedures relevant to the provision of first aid
- contents of first aid kits
- legal, workplace and community considerations including:
 - duty of care requirements
 - own skills and limitations
 - consent and how it relates to the conscious and unconscious casualty
 - privacy and confidentiality requirements
 - awareness of potential need for stress management techniques and available support for rescuers

Considerations when providing CPR, including:

- upper airway and effect of positional change
- appropriate duration and cessation of CPR
- appropriate use of an AED
- safety and maintenance procedures for an AED
- chain of survival
- how to access emergency services

Techniques for providing CPR to adults, children and infants including:

- how to recognise that a casualty is unconscious and not breathing normally
- rate, ratio and depth of compressions and ventilations
- correct hand positioning for compressions
- basic anatomy, physiology and the differences between adults, children and infants relating to CPR

Signs, symptoms and management of the following conditions and injuries:

- allergic reaction
- anaphylaxis
- asthma
- non-life-threatening and life-threatening bleeding
- burns
- cardiac conditions, including chest pain
- choking
- diabetes
- drowning
- envenomation - all current treatments
- eye injuries
- fractures, dislocations, strains and sprains
- head, neck and spinal injuries
- hypothermia
- hyperthermia
- minor wounds
- nose-bleed

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	<ul style="list-style-type: none"> ▪ poisoning ▪ seizures ▪ shock ▪ sharps injuries ▪ stroke.
Training materials and resources	<p>On the day of the training course, learners will have access to our training equipment:</p> <ul style="list-style-type: none"> • <u>adult</u> and <u>infant</u> resuscitation manikins in line with ARC Guidelines for the purpose of assessment of CPR procedures • adrenaline auto-injector training device • AED training devices • workplace first aid kit • placebo bronchodilator and spacer device • different types of wound dressings and bandages • blankets and items to treat for shock • personal protective equipment (PPE) • workplace injury, trauma or illness record, or other applicable workplace or site incident report form.
Assessment submission process, support and outcomes	<p>Assessment Outcomes: Competent or Not Yet Competent</p> <p>For any learner who is unable to satisfactorily complete all assessment tasks, the assessor will attempt to make reasonable adjustments to the methods of assessment. If the learner is deemed not yet competent, they will need to re-sit the training course and additional fees will apply.</p>
Recognition of Prior Learning	<p>Students choosing to undertake FAST TRACK HLTAID011 training will need to provide evidence of 'Recognition of Prior Learning' (RPL). This must include:</p> <ul style="list-style-type: none"> - A 'Statement of Attainment' in HLTAID003 or HLTAID011 to demonstrate prior learning and currency. - Evidence of completion of online pre-course learning modules and assessments.
Course completion	<p>Once assessed in all areas of the course and competency demonstrated, learners will be issued a Statement of Attainment for HLTAID011 Provide First Aid.</p> <p>This Unit of Competency is Nationally Recognised Training from Health Training Package and it is recommended that it is updated annually by the Australian Resuscitation Council.</p>